## Amendments to the Claims

This listing of claims will replace all prior versions and listings of claims in the application.

Claims 1-40. (Canceled)

Claim 41. (New) A method for treating an autoimmune disease or disorder and/or an inflammatory disease or disorder in a mammal, said method comprising orally administering a composition comprising an extract or concentrate from *Butyrospermum parkii*, wherein said composition comprises

- i) at least 5% (w/w) lupeol,
- ii) at least 5% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
- iii) at least 5% (w/w) butyrospermol,

wherein said lupeol,  $\alpha$ -amyrin and/or  $\beta$ -amyrin and butyrospermol may be in the form of free alcohols or esters thereof.

Claim 42. (New) The method of claim 41, wherein said disease or disorder is selected from the group consisting of psoriasis, atopic eczema, contact dermatitis, Crohn's disease, ulcerative colitis, rheumatoid arthritis and osteoarthritis.

Claim 43. (New) The method of claim 42, wherein said disease or disorder is rheumatoid arthritis or osteoarthritis.

Claim 44. (New) The method of claim 42, wherein said disease or disorder is psoriasis.

Claim 45. (New) The method of claim 41, wherein said composition is encapsulated.

Claim 46. (New) The method of claim 41, wherein said composition comprises

- i) at least 8% (w/w) lupeol,
- ii) at least 8% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
- iii) at least 8% (w/w) butyrospermol.

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Claim 47. (New) The method of claim 46, wherein said composition comprises

- i) at least 10% (w/w) lupeol,
- ii) at least 10% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
- iii) at least 10% (w/w) butyrospermol.

Claim 48. (New) The method of claim 41, wherein said composition further comprises at least one sterol selected from the group consisting of stigmasterol, avanasterol, 24-methyl-cholest-7-enol, karisterol A, karisterol B, and α-spinasterol, wherein said sterol may be in the form of free alcohol or an ester thereof.

Claim 49. (New) The method of claim 41, wherein said composition further comprises an extract of *Calendula officinalis*.

Claim 50. (New) The method of claim 41, wherein said composition is contained in an oral dosage form.

Claim 51. (New) The method of claim 50, wherein said oral dosage form is a capsule.

Claim 52. (New) A composition comprising an extract or concentrate from *Butyrospermum parkii*, wherein said composition comprises

- i) at least 8% (w/w) lupeol,
- ii) at least 8% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
- iii) at least 8% (w/w) butyrospermol,

wherein said lupeol,  $\alpha$ -amyrin and/or  $\beta$ -amyrin and butyrospermol may be in the form of free alcohol or an ester thereof.

Claim 53. (New) The composition of claim 52, comprising

- i) at least 10% (w/w) lupeol,
- ii) at least 10% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and

iii) at least 10% (w/w) butyrospermol.

Claim 54. (New) The composition of claim 52, further comprising at least one sterol selected from the group consisting of stigmasterol, avanasterol, 24-methyl-cholest-7-enol, karisterol A, karisterol B, and  $\alpha$ -spinasterol, wherein said sterol may be in the form of free alcohol or an ester thereof.

Claim 55. (New) The composition of claim 52, wherein said composition further comprises an extract of *Calendula officinalis*.

Claim 56. (New) The composition of claim 52, wherein said lupeol,  $\alpha$ -amyrin and/or  $\beta$ -amyrin and butyrospermol are in the form of an ester selected from the group consisting of cinnamic acid esters, acetic acid esters, and fatty acid esters.

Claim 57. (New) The composition of claim 52, further comprising a pharmaceutically acceptable carrier.

Claim 58. (New) An oral dosage form containing the composition of claim 52.

Claim 59. (New) The oral dosage form of claim 58, wherein the dosage form is a capsule.

Claim 60. (New) An extract or concentrate from Butyrospermum parkii, comprising

- i) at least 8% (w/w) lupeol,
- ii) at least 8% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
- iii) at least 8% (w/w) butyrospermol,

wherein said lupeol,  $\alpha$ -amyrin and/or  $\beta$ -amyrin and butyrospermol may be in the form of free alcohol or an ester thereof.

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- Claim 61. (New) The extract or concentrate of claim 60, comprising
  - i) at least 10% (w/w) lupeol,
  - ii) at least 10% (w/w)  $\alpha$ -amyrin and/or  $\beta$ -amyrin, and
  - iii) at least 10% (w/w) butyrospermol.
- Claim 62. (New) A composition comprising the extract of claim 60.
- Claim 63. (New) The composition of claim 62, comprising at least 50% (w/w) of said extract or concentrate.
- Claim 64. (New) The composition of claim 63, comprising at least 75% (w/w) of said extract or concentrate.
- Claim 65. (New) The composition of claim 64, comprising at least 90% (w/w) of said extract or concentrate.
  - Claim 66. (New) An oral dosage form containing the composition of claim 62.
  - Claim 67. (New) A capsule containing the composition of claim 62.